

MARCH 2019

ADDITIONAL MILK \$ 30
ADULT BREAKFAST \$2.00

BREAKFAST

YREKA UNION SCHOOL DISTRICT

Monday

Tuesday

Wednesday

Thursday

Friday

4
CEREAL BOWL
APPLESAUCE CUP
CRASINS
MILK

5
APPLE FRUDEL
ORANGE
MILK

6
MUFFIN
STRING CHEESE
BANANA
MILK

7
BISCUIT AND GRAVY
SAUSAGE LINKS
PEACHES
MILK

8
MINI CINNIS
MIXED FRUIT
MILK

11
OATMEAL
RAISINS
WARM APPLE SLICED
MILK

12
MINI PANCAKES
SYRUP
PEACHES
MILK

13
YOGURT
GRANOLA
STRAWBERRY
JUICE BOX
MILK

14
POP-TART
ORANGE JUICE
RAISINS
MILK

15
BEEF SAUSAGE
SANDWICH
MIXED FRUIT
MILK

18
CEREAL BOWL
APPLESAUCE CUP
CRASINS
MILK

19
MINI WAFFLES
SYRUP
PEARS
MILK

20
MUFFIN
STRING CHEESE
BANANA
MILK

21
NUTRI-GAIN BAR
HARD BOILED EGG
APPLE
MILK

22
½ MUFFIN
EGG PATTY
HASH BROWN
PEARS
MILK

25
CEREAL BAR
APPLESAUCE CUP
RAISINS
MILK

26
CEREAL BOWL
APPLE
MILK

27
MUFFIN
STRING CHEESE
BANANA
MILK

28
YOGURT
GRANOLA
STRAWBERRY
JUICE BOX
MILK

29
PLAIN BAGEL
CREAM CHEESE
MIXED FRUIT
MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.
SUBSTITUTIONS CAN BE MADE WITHOUT NOTICE.
BREAKFAST MEALS SERVED WITH A CHOICE OF 1% MILK or NON-FAT MILK.



MARCH 2019

ADDITIONAL MILK \$ 30
ADULT LUNCH \$ 3.85

LUNCH

YREKA UNION SCHOOL DISTRICT

Monday

Tuesday

Wednesday

Thursday

Friday

1

HOT DOG ON A BUN
POTATO WEDGES
CELERY STICKS
TANGERINE
MILK

4

VEGGIE CHILI
CORN BREAD
CARROT STICKS
½ APPLE
MILK

5

RANCH CHICKEN
GARDEN SALAD w/RANCH
SALTINE CRACKERS
PINEAPPLE
MILK

6

PULLED PORK ON A BUN
COLE SLAW
TRIANGLE HASH BROWN
PEACHES
MILK

MINIMUM DAY

7

PB & J
CHIPS
CARROT STICKS
JUICE BOX AND MILK

8

CHICKEN TENDERS
GARDEN SALAD w/RANCH
GOLDFISH CRACKERS
½ APPLE
MILK

11

TOASTED CHEESE
SANDWICH
MIXED VEGGIES
CHIPS
APRICOT AND MILK

12

TURKEY TACO BOAT
GARDEN SALAD w/RANCH
SEASONED CORN
JUICE BOX
MILK

13

CHICKEN PATTY
RANCH MASHED POTATO
CARROT STICKS
DINNER ROLL
PEARS AND MILK

14

TURKEY/CHEESE SANDWICH
CHIPS
CUCUMBER STICKS
LIME PEAR JELL-O
MILK

15

CORN DOG
POTATO WEDGES
FOUR BEAN SALAD
FROZEN FRUIT CUP
MILK

18

PIZZA BITES
MARINARA SAUCE
SEASONED GREEN BEANS
BANANA
MILK

19

CURLY SPAGHETTI
w/MEAT SAUCE
GARDEN SALAD w/ITALIAN
DINNER ROLL
PINEAPPLE AND MILK

20

HAMBURGER ON A BUN
LETTUCE AND TOMATO
FRENCH FRIES
PEACHES
MILK

21

ORANGE CHICKEN
BROWN RICE
BROCCOLI
FORTUNE COOKIE
PINEAPPLE AND MILK

22

TURKEY/CHEESE SANDWICH
CHIPS
BAKED BEANS
½ APPLE
MILK

25

HOT DOG ON A BUN
POTATO WEDGES
CARROT STICKS
½ APPLE
MILK

26

CHEESE PIZZA
GARDEN SALAD w/ITALIAN
PINEAPPLE
MILK

27

PORK RIB-B-QUE ON A
HOAGIE
CHIPS
JICAMA STICKS
FROZEN FRUIT CUP AND MILK

28

BEAN/CHEESE BURRITO
GARDEN SALAD w/RANCH
CORN CHIPS w/SALSA
MIXED FRUIT
MILK

29

HAM/CHEESE SANDWICH
DICED POTATOES
CUCUMBER STICKS
CINNAMON GRAHAMS
JUICE BOX AND MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.
SUBSTITUTIONS CAN BE MADE WITHOUT NOTICE.
LUNCH MEALS SERVED WITH A CHOICE OF 1% MILK or NON-FAT CHOCOLATE MILK.

