



# **Jackson Street School**

## **Athletic Handbook**



**Superintendent: Richard Sullivan**

**Director of Educational Services: Lorraine Joling**

**Principal: Sarah Jankowski**

**Assistant Principal/Athletic Director: Stacy Fussell**

**Board Of Trustees: Holly Baun, Gage Kimball, Susan Meek, Florraine Super, Nicole Talley**

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## **I. OVERVIEW**

Jackson Street School offers a wide variety of both interscholastic and intramural sports programs. Jackson Street School is a member of the SISKIYOU COUNTY ATHLETIC LEAGUE [S.C.A.L.], which is composed of ten (10) of the largest elementary schools in our county [Big Springs, Butte Valley, Butteville, Grenada, Happy Camp, Montague, Mt. Shasta, Scott Valley, Weed & Yreka]. League interscholastic sports consist of cross-country (coed), volleyball (coed), girls' basketball, boys' basketball, and track & field (coed). In addition, cheerleading is also a coed sport at Jackson Street School. Fifth & Sixth grade students are allowed to participate in both cross-country and track; the other sports are limited to seventh and eighth grade students.

## **II. ATHLETIC DEPARTMENT PHILOSOPHY**

The coaching staff of Jackson Street School has dedicated itself to the development of the total student athlete. Both the physical and psychological growth of each person is considered when planning and implementing our athletic program. Our staff is aware of the individual needs of youth, as well as the social implications of being able to work as a member of a team. Student athletes will be given the opportunity to develop both physically and socially.

## **III. ATHLETICS & ACADEMICS (Philosophy)**

If unavoidable conflicts occur between classroom related activities and extracurricular activities (e.g., athletics, clubs, etc.), the classroom activities will have priority in all instances. For academic activities that are not directly classroom related, we will encourage students to choose the academic activity first, if a conflict exists.

## **IV. ELIGIBILITY REQUIREMENTS:**

All students involved with extracurricular activities must meet the requirements of this policy. Students who are ineligible may not participate in extra-curricular activities in any form beyond the class period. Coaches, sponsors, and advisors are responsible to ensure non-participation of ineligible students. A student who is ineligible is considered to be on probation and may not practice or participate with the team or organization. Students who are ineligible will receive support and intervention. Special consideration and support will be given to students that have educational disabilities.

Students may be deemed ineligible immediately at the discretion of the administration due to discipline or attendance.

Each year is viewed as independent of another with respect to tryouts and the tryout is open to all. Athletes who were involved with the program the year before are not "guaranteed" a place on the team roster in the next season. All athletes should be prepared to "compete" for membership every year. Some students mature from one year to the next and may be included on the team after having been cut the year before. Athletes can gain a potential advantage when they make more of a visible commitment to the program and improve significantly after having been involved in summer camps, summer league play, or community and organized club programs out of season.

## **A. ACADEMIC ELIGIBILITY [Board Policy]**

### **1. (Pre) Eligibility - In order to be eligible to tryout for a team, students must be able to meet the following requirements:**

- a. Must have a minimum cumulative grade point average of 2.0
- b. Must have no more than one (1) F during that grading period
- c. Grades will be checked the Friday prior to tryouts. For instance, if tryouts are on Monday, December 13th, then the student's grades must be eligible by Friday, December 10th. The students are responsible for communicating with their teachers to ensure their work is turned in on time and that teachers have enough time to grade their assignments. Assignments turned in late may not be graded on time and therefore, the student's grades will not be eligible.
- d. Volleyball and cross country academic eligibility will be determined by the previous grading period due to the fact that there will not be enough work completed to show the student's grade progress. Other sports, such as girls basketball, boys basketball and Track and Field, eligibility will be determined by the current grades in our student information system.

### **2. Team Eligibility**

- a. In order to play in games and stay on the team, students must maintain a 2.0 GPA for the current grading period.
- b. Players may not have more than one failing grade ("F") in a grading period.
- c. Grades will be checked weekly on Monday.
- d. Students with a GPA lower than 2.0 or more than one "F" will be placed on probation for one week, they may still practice, but cannot participate in games or travel with the team. Parent/Guardian will be notified and will be documented in our student information system.
- e. If they fail to meet the academic requirements for the second time, they will be removed from the team. Parent/Guardian will be notified and will be documented in our student information system
- f. If a student is absent from school on the day of a practice, tryout or game that student may not participate in that activity.
- g. A student must be at school for at least half the day in order to tryout, practice or play for their school team.
- h. Student must attend school the next day after participating in an event the day before. If the student does not attend school the next day, they will have to sit out at the next game (a quarter, half, or full) at the discretion of the coach.
- i. All athletes representing Jackson Street are students first and athletes second!!
- j. Exclusions for items 2. (f) to (i) (medical or dental appointments, funerals, student activities, or unforeseen emergencies).

## **B. ELIGIBILITY - RESIDENCE (S.C.A.L. By-Law)**

1. If a student athlete transfers to a different district, but there is no change of residency, then that student would not be eligible to participate in sports for six weeks.
2. If a student athlete transfers to a different district and changes residency to that district, then the student would be eligible to participate in sports immediately, providing he/she was academically eligible in his/her previous school.

### **C. AGE REQUIREMENT (S.C.A.L. By-Law)**

1. No student, whose fifteenth (15th) birthday is attained prior to June 15, shall participate or practice on any team. A student whose fourteenth (14th) birthday is attained prior to June 1, shall participate on the eighth grade ("A") team.

## **V. STUDENT PARTICIPATION IN ATHLETICS**

### **A. PHYSICAL EXAM/HEALTH HISTORY**

Student athletes will need to have a yearly medical examination form filled out and on file with the school before competing in any interscholastic event [part of our district's physical examination form includes a health history of the student athlete]. Physical exams are good for one (1) year from the date of exam. Also, if any student athlete receives a physical injury that necessitates professional medical attention, that athlete must receive a clearance from a physician before returning to practice and before participating in athletic competition.

### **B. PARENTAL PERMISSION**

Parental/guardian permission must be received before students may tryout for a sport or participate in that sport.

### **C. ATHLETIC WARNING**

Both parents/guardians and athletes must sign our athletic form warning of the inherent risks involved in interscholastic athletic competition. This must be done and on file with the school before the student athlete may compete in any interscholastic event.

### **D. RESPONSIBILITY FOR SCHOOL EQUIPMENT**

For all interscholastic sports the school will provide the uniform (e.g., trunks, jersey, practice jersey, travel bag etc.). It will be the student athlete's responsibility to provide appropriate sport shoes, socks, kneepads or whatever the requirements are for the specific sport. Athletes losing or damaging their uniform will be expected to pay the "replacement cost."

### **E. ATTENDANCE REQUIREMENTS**

- A. School Attendance - In order to participate in athletic contests, the student athlete must be present in school on game days. Student athletes, including cheerleaders, missing more than one 3 periods (half-day) of school on days (except for medical or dental appointments, funerals, student activities, or unforeseen emergencies) will not be allowed to participate. On game days, student athletes must also participate in their regular school Physical Education classes.
- B. Tryouts and Practice Attendance
  - a. Athletes are expected to participate on the first day and all other dates of tryouts. Athletes who miss the official start date and express a late

interest may be denied the opportunity to participate in the program. In programs where cuts are made, the coaches are expected to make their final selections from those who are in attendance at tryouts. Exceptions to this policy can be considered for those athletes that have a documented medical illness, family emergency or an injury. Consideration will only be given to those that notify the coach or Athletic Director in advance of the tryouts.

As mentioned previously in this guide, commitment is vital to the success of all involved. There is undoubtedly a sacrifice to be made, not only on the part of the athlete, but on the family as well. Athletes and parents are expected to make certain that personal plans and work schedules are adjusted so as not to conflict with tryout dates, practices, and contests.

- b. Students MUST attend all practices during the season. If your child will be missing a practice, please contact the Coach ahead of time to let them know. Missing practice without communication with the coach could result in less play time, at the discretion of the coach.

## **F. ATHLETIC FORMS**

- A. All required athletic forms must be submitted by the given due date set by the Athletic Director. If any forms will be late, please contact the Athletic Director. Forms turned in after the due date or during the days of tryouts may not be accepted. Forms are available in the office and online at [www.yrekausd.net](http://www.yrekausd.net).
  1. Required forms:
    - a. Tryouts Permission Slip (when applicable)
    - b. Policies and Procedures for interscholastic sports programs
    - c. Permission for Athlete to be Transported to an Away Game by Another Parent
    - d. Transportation Waiver - Adult Driver
    - e. Preparticipation Physical Examination/Health History (must be completed by a physician.
    - f. Athletic/Sports Voluntary Activities Participation
    - g. Acknowledgement and Assumption of Potential Risk
    - h. Authorization and Consent for Medical Treatment and Health Insurance Verification
    - i. Consent for Medical Treatment
    - j. Evans Bus Transportation Release and Assumption of Risk

## **VI. DISCIPLINE STANDARDS**

The following is the policy regarding the behavior of interscholastic athletes. Students who are suspended from school are not allowed to participate in any school activity for the duration of the suspension. Use, possession, or sale of drugs, alcohol, or tobacco will result in the dismissal from the team for the remainder of the season.

If a student athlete is involved in any other serious behavior problem (i.e., charged with a violation of the law while under the school's jurisdictional authority), a sport-related behavior problem, or repeated discipline problems at school, he/she may also be dismissed from the team. A committee composed of the Principal, Athletic Director, and Coach, will make a determination in any of the above cases.

## **VII. STANDARDS OF BEHAVIOR**

Individual coaches may set standards of appropriate behavior of student athletes during practice and at games. Athletes who violate these standards may be disciplined by the coach.

## **VIII. TRANSPORTATION**

### **A. IN COUNTY**

Transportation will be by bus. Athletes will be required to ride to the event on the bus. After the event, Athletes may be released to their parents/guardians, please sign them out with the coach. In the event that a parent/guardian wants their Athlete to be picked up by someone other than themselves, a Transportation Waiver must be filled out 24 hours in advance and turned into the office/AD. Transportation Waivers may be obtained from the school website. Athletes will only be released to parents/guardians!

### **B. OUT-OF-COUNTY**

Transportation will be by private car. The drivers will be parents of athletes and will be selected by the coach and the Athletic Director. Drivers will also need to have a SCHOOL DRIVER CERTIFICATE FORM (insurance statement) on file with the Athletic Director.

## **IX. HOUSING**

For our out-of-county tournaments, players, managers, statisticians and cheerleaders will be housed (usually in groups of 2, 3, or 4) by the host team. Student athletes being housed will need to bring sleeping bags and pillows. If an athlete chooses not to be housed, they will be under their parent's supervision.

## **X. INSURANCE**

All participants must have health insurance. At least one thousand five hundred dollars (\$1500) for all medical and hospital expenses. The Yreka Union School District is no longer providing student Accident Insurance coverage. We do offer an application for a voluntary coverage plan that is available for purchase any time during the year. The application describes the coverage, benefits, provisions, and enrollment instructions.

## **XI. AWARDS**

Athletes in all interscholastic sports must attend at least 3/4 of the scheduled practices and attend at least 3/4 of the games, matches, meets, etc., in order to be eligible for any kind of recognition, participation certificate, special awards, etc.

## **XII. INTRAMURAL PROGRAMS**

Jackson Street School also offers intramural programs. There is a girls' after-school intramural basketball program for 6-8 grade girls in November and December, followed in January and February by a basketball intramural program for 6-8 grade boys. Also, in February and March there is a night coed intramural program for 4th/5th grade students. Presently, there are no academic eligibility requirements for participation in our intramural programs nor is a physical examination required.

## **XIII. COVID-19**

The District has put in place a school reopening plan and health and safety procedures and protocols consistent with the recommendations of the Center for Disease Control (“CDC”), along with other federal, state, and/or local authorities. Participation in interscholastic athletics is a privilege, not a right. The cooperation of each student-athlete and their parent(s)/guardian(s) (hereinafter “you”, “your”, “we”) is critical to the District’s efforts to mitigate the transmission of COVID-19. Failure to follow the District’s COVID-19 protocols may lead to your removal from athletic participation.

Even with health and safety protocols in place, there still is a risk that you may contract COVID-19 or a variant of COVID-19 (hereinafter, the term “COVID-19” shall be interpreted to include all variant forms of COVID-19).

XIV. Jackson Street offers a wide variety of interscholastic and intramural sports.

1. August - Coed Cross Country for 5th - 8th graders
2. August - Coed Volleyball for 7th and 8th graders
3. October - Girl’s basketball for 7th and 8th graders
4. October - Girl’s Intramural Basketball for 6th, 7th and 8th graders
5. December - Boy’s Basketball for 7th and 8th graders
6. December - Coed Cheering for 7th and 8th graders
7. January - Coed Intramural Basketball for 4th and 5th graders.
8. January - Boy’s Intramural Basketball for 6th, 7th and 8th graders
9. April - Coed Track and Field for 5th - 8th graders.

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## **XIV. DIRECTORY OF COACHES**



**SPORT**

**COACHING STAFF**

Cross-Country .....	Jamie Tanner, Mikayla Agbay
Volleyball.....	Melissa Casson, Cheryl Horvath
Girls' Basketball.....	TBD
Cheerleading.....	TBD
Boys' Basketball.....	TBD
6-8 Girls' Intramural Basketball.....	TBD
6-8 Boys' Intramural Basketball.....	TBD
4 Intramural Co-Ed Basketball (Supervisor).....	TBD
5 Intramural Co-Ed Basketball (Supervisor).....	TBD
Track and Field.....	Jamie Tanner, Mikayla Agbay

*\*List of coaches are subject to change.*